



LIFT and Speaker Presentations

Page 1

Ladies in Fellowship Together (LIFT) has been a part of Bethany Busy Bee since 2007. It was initiated to bring topics to parents about life, parenting, spiritual growth, taking care of yourself, the relationship with your spouse, and many other *uplifting* topics. Speakers vary in their areas of expertise.

Speaker Presentation is held with professional speakers that share information about various parenting topics, whether about nutrition; sleep, schedules and routines; anxiety in children: social emotional skills in children; and various styles on how to handle children's behavior to assist in finding the best style that feels comfortable with your family; and even organizing and cleaning tips.

The entire event is free, including the speaker, beverages and appetizers and onsite childcare so parents can enjoy this special "adult" time. Simply RSVP a week in advance so we can accommodate your childcare needs with proper staffing. Infants are always welcome to stay with the parent during the entire event or on and off, whatever makes you most comfortable. This is a time to gather, listen, ask question, discuss, share, learn, and build relationships. It is held once a month in the Sanctuary.

The speaker event meets from 12:00 pm to 1:30 pm. Children receive a free lunch bunch when attending these events, and infants stay at childcare for free. Everyone is welcome – your family and friends; and, those without children and with children who do not attend Bethany Busy Bee. We are always happy to see you and your friends here.

You may RSVP online on our website www.bethanybusybee.org under the "Parent Partnerships" section under "LIFT and Speakers" or under the "Calendar" section under "School Events". You will also receive an Evite via email to RSVP.

This year's speakers and topics will be:

- **September 22nd – L.I.F.T. "Discerning Speech and Language Issues" with Sue Berscheid, M.A., CCS-SLP from 12-1:30 pm.** She is a certified Speech and Language Pathologist with a Master's Degree in Speech Language Pathology. Please join us.
Please RSVP by Thursday, September 15th.
 - **October 1st – "How To Get Out Of Debt In 5-7 Years" with Bob Marette, Saturday from 9-1 pm.**
Please RSVP by Saturday, September 24th.
 - **October 12th – L.I.F.T. "Saying 'No' to your kids" with Jack Lipski from 12-1:30 pm .** Mr. Lipski will discuss the short and long term values of "saying no" to your kids.
Please RSVP by Wednesday, October 5th.
- Follow-up on Tuesday, October 25th from 12-1:30 pm.** Please RSVP for the follow-up by Tuesday, October 18th.
- **November 1st – L.I.F.T. "Kindergarten Readiness" with Andrew Hayes (from Ambleside), Ron Downs (from Front Range Christian School) & Amy Pyne from 12–1:30 pm.** Please join us as our guest speakers review how to get ready for Kindergarten. Is my child ready? Is there anything that I can or should do for this next phase in my child's life? What to expect? And any other questions you may have.
Please RSVP by Tuesday, October 25th.
 - **November 5th – "God's Gift of Marriage" with Jack Lipski from 10-12 pm.**
Please RSVP by Wednesday, October 26th.
 - **December 1st (Tenative) - L.I.F.T. "Choose Joy" with Amy Kleager from 12–1:30 pm.** Please RSVP by Wednesday, November 16th.
 - **January 18th – L.I.F.T. "Handling Anxiety & Attachment Issues with Your Child" with Jack Lipski from 12:00-1:30 pm.**
Please RSVP by Wednesday, January 11th.

Follow-up on Wednesday, February 1st from 12:00-1:30 pm. Please RSVP for the follow-up by Wednesday, January 25th.



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Page 2

This year's speakers and topics continued:

- **February 4th – Parenting the “Love & Logic Way” with Jack Lipski. 1-Day Intensive for Parents/ Grandparents and Caregivers from 9:00-2:00 pm.** Looking for help with Raising Self-reliant Kids in an Entitled World? THEN...THIS CLASS IS FOR YOU! Participants will learn to apply 6 phrases that will change your parenting forever! Jack Lipski, M.A., School Counselor, Marriage & Family Therapist, and Certified “Love and Logic™” facilitator will be presenting.

The cost is \$20 per attendee/\$30 per couple with lunch and childcare provided. Please RSVP by Monday, January 30th.

Follow-up on Wednesday, February 22nd at 6pm. Please RSVP by Wednesday, February 15th.

- **February 9th – L.I.F.T. “Six Essential Listening Skills for Parents” with Jack Lipski from 12-1:30 pm. Please RSVP by Wednesday, February 1st.**

Follow-up on Thursday, February 23rd from 12-1:30 pm. Please RVSP for the follow-up by Wednesday, February 15th.

- **February 11th – “Understanding the Heart of a Man” with Jack Lipski from 10:00-12:00 pm.** This topic touches on marriage by providing insight about what motivates and drives a male brain and how he looks at life and relationships. Also, how a wife can be a more effective partner and companion. **Please RSVP by Wednesday, February 1st.**

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John (Jack) Lipski has 41 years of experience in education and counseling. He is a former public school educator teaching in both Junior and Senior High as well as Special Education. Currently, Jack serves Shepherd of the Hills Church and School as a Professional Counselor in the State of Colorado in the area of Marriage and Family Therapy. He also serves as School Counselor and writes a bi-monthly parenting article entitled “Jack’s Corner.” Jack is a Certified Love and Logic® instructor and teaches parenting classes in the south Denver area. He is the Chairperson of “Safeguarding Our Children,” an organization dedicated to protecting children from sexual abuse and educating churches and schools in policies and procedures regarding this issue. Tuesday evenings, Jack volunteers at the Denver Federal Correctional Institution leading Community Bible Study.

- **March 2nd – L.I.F.T “Body Safety” with Whitney Dittmar from 12–1:30 pm.** Mrs. Dittmar brings awareness of what parents should be discussing with their children and things to consider to keep them safe from inappropriate interactions with others. Mrs. Dittmar is a Licensed Professional Counselor with over 11 years’ experience working with children, adolescents, adults and families. Her sons attended Busy Bee. **Please RSVP by Wednesday, February 22nd.**
- **March 18th – “Understanding the Heart of a Woman” with Jack Lipski from 10:00-12:00 pm. Please RSVP by Wednesday, March 8th.**
- **April 20th – “Occupational Therapy and Who Can Benefit From It” with Kristine Smith from 12:00-1:30 pm. Please RSVP by Wednesday, April 12th.**
- **May 3rd – Homeschooling with Leah Martin from 12:00-1:30 pm. Please RSVP by Wednesday, April 26th.**