

# PARENT APPRECIATION DAY!

"the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control"  
Galatians 5:22

# What's Buzzing at Busy Bee



April 2024

**THE FRUIT OF THE SPIRIT IS LOVE**  
JOY, PEACE, PATIENCE  
**KINDNESS GOODNESS FAITHFULNESS GENTLENESS AND SELF-CONTROL**  
GALATIANS 5:22-23

## What Happened Last Month

Last month featured the Trike-A-Thon, "Acts of Kindness", searching for gold, and spring break. **Trike-a-thon brought a total of \$1,126!** The class collecting the most donations for the Trike-A-Thon, and winning the pizza party, was Mrs. Fallt's MW class with \$235. Congratulations also goes to the individual winner collecting \$178, Cyrus Abel! **The racers with the most laps were Mac Maher (44) and Lucas Vlasov (38).**

### "Body Safety" with Whitney Dittmar M.A. Thursday, April 11th 12-1:30 pm

Body safety comes down to consent, some parents find it challenging to discuss body safety with their children. There are ways to teach and reinforce body safety beginning at the age of 3-5 years old! Just as you teach your child to buckle their seat belt and brush their teeth, it's important to have them understand the private parts of their body and that it's not okay for others to touch these parts.

Please join Mrs. Whitney Dittmar, Counselor, M.A., LPC as she talks about body safety and helping keep kids safe from sexual abuse providing tips and guidelines on the importance of addressing this topic. As well as, how to discern if your child might have had been affected by an incident like this.

**"Nutrition Basics for Everyone!" presented by Allison Jones. Friday, April 26th from 12:00 to 1:30pm.** Come and discover nutrition basics for everyone! In our world today, there are so many diets, advice, blogs, social media posts, and much more that can make nutrition overwhelming for you and your family. Allison Jones, RN and Board Certified Health Coach will help guide us through the basics of nutrition and healthy eating. She will help guide us into simple and yet very powerful basics of healthy eating for your entire family. Allison Jones has been a nurse for over 20 years with a back ground in emergency medicine, cardiology, and teaching at different levels.

## What's Happening This Month

- ALL MONTH—Sharing the Fruits of the Spirit—Pass it Forward.
- 4/3 & 4 Science: Planting
- 4/8—12 FREE Swap-n-Shop
- 4/10, 11 & 12 Spring and Graduation photos.
- 4/10 & 11 Parent Partnership Appreciation Join us for a special treat.
- 4/11 (new date) – L&L "Body Safety" with Whitney Dittmar from 12–1:30pm
- 4/17 & 18 Science: Butterflies and Ladybugs
- 4/19 ART SHOW GALA, 4:30-7:30 PM
- 4/22-26 Denver Rescue Mission Community service. Collect diaper and wipes for the needy.
- 4/24 & 25 Special Olympics Young Athlete's Day
- 4/26 - Friday Lunch & Learn "Nutrition Basics for Everyone!" Please RSVP by April 22nd with evite.

### UPCOMING FREE EVENTS

- Rocky Mountain Train Show **April 6 & 7** kids under 12 are free. National Western Complex.
- Denver Zoo: **April 7**, need reservations 720-337-1400 or [denverzoo.org/free-days](http://denverzoo.org/free-days)
- Denver Art Museum: **April 9 & 28**
- Denver Botanic Gardens at York Street and Chatfield Farms: **April 22nd**
- MUSEUM OF OUTDOOR ARTS, HUDSON GARDENS & AURORA HISTORY MUSEUM ARE **ALWAYS FREE**
- FOUR MILE HISTORIC PARK: FRI. **APR. 26TH**
- HISTORY COLORADO CENTER: **UNDER 18 YRS OLD, ALWAYS FREE.**
- National Parks Free Day: Sat **April 20th**
- DENVER MUSEUM OF NATURE & SCIENCE: **April 28th.** Free only from 5 to 10 p.m. 303.322.7009
- Clifford Art Museum: Sun. **April 28**

### Art Show Gala Friday, April 19 4:30 - 7:30 pm

The Art Show Gala is a special evening, presenting some of the children's finest masterpieces. Children's artwork is displayed throughout the school. Extended family are welcome to join in the fun. There will be crafts and outdoor play on the playground. Snacks and a photo booth will be available in the foyer. We look forward to seeing you.



- VBS is Tuesday through Friday, June 11–14. \$50 per child (2 years—5<sup>th</sup> Grade) 9:00 am to 12 noon. Snack is provided. A few spots left for preschool and about 30 spots for elementary.

You may submit a Camp form to be kept on the waiting list for any camp. Pay when it's a guarantee.

- FULL. Science Exploration is Tuesday through Thursday, July 9-11. \$115 per child 9AM-1PM. Send a lunch.
- FULL-Wacky Art is Tuesday through Thursday, July 16-18. \$115 9AM-1PM. Send a lunch.
- FULL-Theater Camp is Tuesday through Friday, July 23-26. \$150 per child 9AM-1PM. Send a lunch.

# Bethany Busy Bee Early Learning Center

6240 S Broadway  
Centennial, CO 80121  
303-468-9521

bbpstaff@bethanybusybee.org  
www.bethanybusybee.org

Like us on facebook

## Mission

Bethany Busy Bee partners with parents and the church to offer families a quality, preschool education in a loving, Christian environment. *Deut. 6:6-7*

### FUNDRAISING DETAILS:

Bethany Busy Bee continues to benefit with 5% of your purchase dollars returned to us every time you shop at King Soopers. If you have your King Soopers card designated to support "Bethany Evangelical Free Church" this is used for the school. If you don't and would like to register your card, you can do this at King Soopers Community Rewards Program. Click on Enroll Now to enroll/select an organization. When you select "Bethany" the proceeds go to the school.

Thanks for shopping and helping us out!

**Reminder: The April tuition payment is your last payment as May is prepaid. For those enrolled for next year, please prepay May 2025 by 8/1/24.**

## Providing a Balanced Early Childhood Education in a Christian Environment

### Why Social and Emotional Skills Are So Important

Who does best in school?

Children who know how to make friends.

Children who can cooperate with others.

Children who can control their emotions.

By Diane Trister Dodge and Joanna Phinney  
From the book "A Parent's Guide to  
Preschool"

Children with strong social and emotional skills are more likely to be successful in school and in life than children who do not have these skills. That's why we want to help your child develop self-confidence, self control, and the ability to make friends.

Developing self-confidence. Confident children have a "can-do" attitude about life. They are not afraid to try new things. They don't give up when something is difficult— they keep trying until they get it. To build self-confidence, we plan activities and provide materials that are challenging for children— but not too challenging — so they experience success. We see what interests children. We encourage them to experiment and find answers to their own questions as they play.

Learning self-control. Children with self-control are able to manage their emotions and not simply act out if they are angry or frustrated. They talk about the problem rather than calling another child names and using threats to get their way. We teach children how to calm down and help them use words to get their needs met: "I don't like it when you hit me. Stop it!" or "I was still playing with the shovel. You can have it when I'm finished."

Making friends. Every child needs a friend. Children who do not have friends are often unhappy. They worry about why others don't like them. They feel alone. As they get older, children without friends often have trouble learning and may resist going to school. We watch for any problems and we teach children how to make and keep a friend.

Children learn social and emotional skills from the ways people treat them. When you visit the school, you may see and hear what we do to help children develop social and emotional skills.

#### What We Do

Bend down to talk to a child who is upset

Describe the behavior we want to see in positive terms.

Show children how to identify feelings by noticing facial expressions and body language

Help children calm down and use words to describe and solve a problem.

#### What We Say

"I want to hear what is bothering you so I can help. Tell me what happened.

"Walk in the classroom. If you run, you might get hurt. Save your running for outdoor time."

"Look at Bob's face. Can you see that he is angry? Let's find out what's wrong. Maybe we can help."

"You are both upset. Let's stop and take some deep breaths. I want to hear what both of you have to say. Then we'll see what ideas you have for solving the problem."

#### Why

To let the child know we are interested and we care

To help children learn the rules and why they should be followed.

To guide children learning to recognize how others feel and develop empathy

To teach children how to resolve problems on their own.

### Special Olympics Field Days!

April 24th & 25th

There will be a spectator section for families who want to come and watch their student participate in these inclusive activities.

- 4/24 **Wed.** – Mrs. Hammer, Mrs. Mack at 10:05 am ; Mrs. McGowan & Mrs. Fallt at 10:40 and Mrs. Pyne at 12:00 pm
- 4/25 **Thurs.** – Mrs. Thompson, Ms. and Mrs. Mack at 10:05 am and Mrs. McGowan and Mrs. Fallt at 10:40

### What's Coming Up

- 5/1 End of Awana
- 5/6 –10 Teacher Appreciation Week See Sign Up Genius
- 5/8 Lunch & Learn "The Power of Story" with Jack Lipski @ 12-1:30 pm
- 5/12 Mother's Day Celebration at Bethany 10:45a
- 5/20 & 21 Last Days of Lunch Bunch
- 5/22-24 Spring End of the Year & Graduation Programs at 9:15am. These will be the child's last days of school. Children arrive at 8:45 am and go with their teachers. 5/22 MWF classes, 5/23 TTH classes, Friday 5/24 Kindergarten
- VBS, June 11 - 14, 9-12p
- Science Exploration, July 9-11, 9-1p
- Wacky Art, July 16-18, 9-1p
- Theater Camp, July 23-26, 9-1p



We welcome your input and covet your involvement in our programs. Please let us know of any suggestions, comments or prayer requests with an email or through the suggestions/prayer request link on the weekly email. Thank you for trusting us with your children. **Praying for all of you, love Joyce & the Bethany Busy Bee staff!**